



August 2007

# Maehnowesekiyah

## One Day At A Times

Main Line - (715) 799-3835

DV Main Line - (715) 799-3931

DV Hotline - 1-888-799-3931

Runaway Hotline - 1-800-474-6689



Maehnowesekiyah Wellness Center



### MISSION

- Provide culturally specific alcohol, drug, mental health, adolescent, domestic violence treatment, education, & support services for Native Americans & their families.
- Be responsive to community needs by providing a comprehensive continuum of AODA & other support services
- Promote positive relationships between MWC, resource providers, & the community.

2007-Teaching Lodge at Maehnowesekiyah, Middle Village, WI



## Teaching Lodge Gatherings Begin

With the new Teaching Lodge complete, gatherings are now underway. The first, held on Thursday July 5<sup>th</sup>, featured a Grass Dance exhibition by Darrell Webster with a narrative of the origin of the Grass Dance by Jessica Van Zila. Windagle was present as host drum.

The second gathering was held on Thursday July 19<sup>th</sup> with Guest Speaker Dave Henaw, Menominee/Stockbridge-Munsee, spoke on the different plants and herbs and their medicinal purposes. Windagle was also present to demonstrate their hand drums. Shane Webster spoke of the different types of songs for the hand drums and that it makes our elders proud to hear these songs, Shane states that he fears some songs may be lost as "We have not learned all the songs yet". Gatherings are held throughout the remainder of the summer, see attached schedule



## Ask: Dr. Steve

### Question:

I have read and heard about teens abusing prescription medications what types of prescription medications are teens abusing?

### Answer:

Young people as young as 12 are trying or using prescription medications non-medically -- to get high or for "self-medicating." Pharmaceuticals are often more available to 12 year olds than illicit drugs because they can be taken from the medicine cabinet at home, rather than marijuana which necessitates knowing someone who uses or sells the drug. Also, pills may have a perception of safety because they are easier to take than smoking pot or drinking alcohol and are professionally manufactured in a lab.

The National Survey on Drug Use and Health identifies 4 types of prescription medications that are commonly abused — pain relievers, stimulants, sedatives and tranquilizers. Eleven percent of teens (aged 12-17) reported lifetime non-medical use of pain relievers and four percent reported lifetime non-medical use of stimulants.

If you need help stopping your use of prescription drugs or you know someone who is in trouble with their prescription drug use, come on in sit down and talk with a counselor, have a cup of coffee, tea, or soda, and then we will all feel better.

## SEVEN TEACHINGS



**Love your Brothers and Sisters  
and share with them, show  
some kindness and be friendly-  
Elder**

# LOVE-Tapānāew



**Each month a new teaching will be featured.**

# UNDERAGE DRINKING FORUM

## What Happens When Our Youth Get Cited?

### ***"A trip to Ordinance Court"***

*The Court Clerk comes out of a side door at the front of the court room and announces "All Rise" as the Judge enters through an opposite door. The audience stands quickly in silence. The Judge then seats them as this session of Menominee Tribal Court is called to order.*

This is the way a typical Ordinance Court hearing begins, The clerk then reads to the audience their rights and instructions for the proceeding.

Next each youth and their parents (depending upon the age of the violator) get called up to face the Judge. Generally, according to **Lisa Nunway** Adolescent AODA counselor, who attends the court proceedings for Maehnoweskiyah, first time offenders receive a \$100.00 fine and \$20.00 court costs and are referred to the **Alternate Routes Program** or other intervention programs. 2<sup>nd</sup> offense is a \$200.00 fine and a mandatory assessment at a treatment center of their choosing. From there **"The fines get progressively higher"** states Lisa.

Menominee Tribal Ordinance 79-31 governs the use of alcoholic beverages by minors and according to **Mercedes Swimmer**, Assistant Tribal Prosecutor, **"Our ordinance is adopted from Chp 125 of the Wisconsin Statutes on Alcoholic Beverages"**. Mercedes would like to encourage our youth to **"not drink until you are 21"** as more and more, she is seeing younger violators.

**Non compliance of the courts' orders can result in Contempt of Court charges which could mean jail time.**

**Many young people say that parental disapproval of underage drinking is the key reason they have chosen not to**

**drink alcohol** [samhsa.gov](http://samhsa.gov)

### **WHAT CAN WE DO ABOUT IT?**

**According to the LEADERSHIP TO KEEP CHILDREN ALCOHOL FREE, here are a few things that you can do in the home .**

- Set a good example for your children regarding the use of alcohol.***
- Encourage your children to talk with you about their problems and concerns.***
- Get to know your children's friends and discuss ways your children can avoid drinking when they are feeling pressured by peers.***
- Talk to other parents about ways to send a consistent, clear message that underage drinking is not acceptable behavior or a "rite of passage."***
- Encourage your children to participate in supervised activities and events that are challenging, fun, and alcohol free.***
- Learn the warning signs that indicate your children may be drinking and act promptly to get help.***

[alcoholfreechildren.org](http://alcoholfreechildren.org)

Send In your UAD discussion topics that you would like to address to  
**[rchevalier@MITW.ORG](mailto:rchevalier@MITW.ORG)**



# Maehnowesekiyah Employee Anniversaries!

Stephanie Bowman 3 years

Lori Besaw 5 years

*Thank You*

We cannot always build  
the future for our youth,  
but we can build our  
youth for the future.

~Franklin D. Roosevelt~

Speak when you are angry-  
and you will make the best speech  
you'll ever regret.  
~Laurence J. Peter~



# Maehnowesekiyah Employee Birthdays!

Barbara Tepiew 8/03

Muriel Waupoose 8/22

Barbara Newman 8/31



You may be disappointed if you fail,  
but you are doomed if you don't try.  
~Beverly Sills~

Maehnowesekiyah would like to  
welcome Franny Denny to our  
staff. Franny has taken the  
position of  
Support Services Clerk.  
**WELCOME  
FRANNY!**



A cowboy riding across the prairie came upon an Indian laying on a wagon trail with his ear to the ground. The Indian said, "Covered wagon pulled by a team of four horses. One bay, one black, and two grey. The driver had curly red hair with a beard and his wife wore a blue dress with a bonnet."

The cowboy said, "That's amazing! You mean to tell me you can tell all that just by laying on the ground with your ear to the trail?" The Indian replied, "No, they ran me over a half an hour ago!"

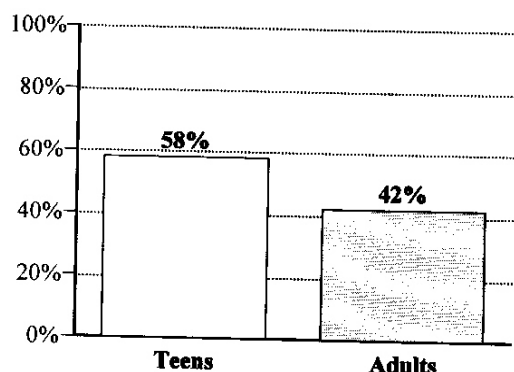
**A Weekly FAX from the Center for Substance Abuse Research**

**University of Maryland, College Park**

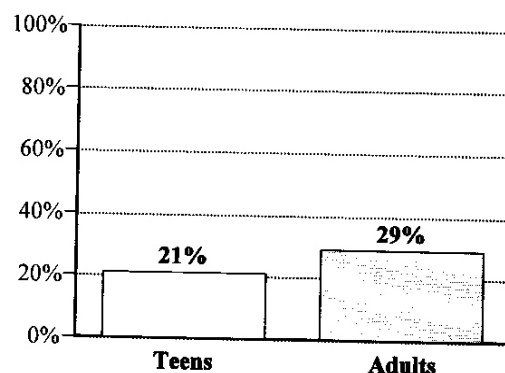
***Majority of Youths and Adults Unaware of Chemicals in Cigarettes***

The majority of Americans are not aware of the chemicals found in cigarettes and cigarette smoke, according to a national telephone survey. More than half of youths (58%) and adults (57%) reported that they knew a lot or a fair amount about the chemicals found in cigarettes and cigarette smoke. However, when asked to name a specific chemical (other than tar and nicotine) found in cigarettes and cigarette smoke, only 21% of youths and 29% of adults were able to do so (see figure below). Even when read a list of chemicals, few youths or adults said that they knew that they were found in cigarettes or cigarette smoke. For example, only 8% of youths and 6% of adults knew that polonium 210 (a radioactive element) was found in cigarette smoke. There are more than 4,000 chemicals in cigarette smoke, including at least 69 that cause cancer.

**While Many Youths and Adults Report Being Knowledgeable About the Chemicals Found in Cigarettes and Cigarette Smoke ...**



**... Few Can Name a Chemical (Other Than Tar and Nicotine) Found in Cigarettes and Cigarette Smoke**



NOTES: The national telephone survey was conducted from March 7–11, 2007, with 510 youths (ages 12 to 17) and 1,1012 adults by the International Communications Research. The margin of error for youths is  $\pm 4.3$  and for adults is  $\pm 3.1$ .

SOURCE: Adapted by CESAR from Campaign for Tobacco-Free Kids, *Nationwide Survey of Teens and Adults*, March 2007. Available online at <http://tobaccofreekids.org/pdf/2007poll.pdf>.

**Baltimore City Substance Abuse Authority (BSAS) Seeks Chief of Program Operations**

Duties of this full-time position include planning & overseeing the implementation & monitoring of service programs aimed at reducing substance abuse. A Master's degree & 10 years experience in program management & substance abuse treatment required. Please send cover letter & resume to Arnold L. Ross, BSAS, One N. Charles St., Ste 1600, Baltimore, MD 21201.

•• 301-405-9770 (voice) •• 301-403-8342 (fax) •• CESAR@cesar.umd.edu •• [www.cesar.umd.edu](http://www.cesar.umd.edu) ••  
CESAR FAX may be copied without permission. Please cite CESAR as the source.

The Governor's Office of Crime Control and Prevention funded this project under grant BJAG 2005-1206. All points of view in this document are those of the author and do not necessarily represent the official position of any State agency.





# TRAILS

Summer fun!!!

## Biking



**TRAILS groups go biking on July 16 from Tribal School to Ponfils Addition and to the Cemetery via Power Lines Rd in Neopit**

## Bowling



**TRAILS/Tribal School Summer School students do some bowling at Mt Bay Bowling in Shawano.**





**"May the Great Spirit, look down upon us, guide us, inspire us, and give us courage and wisdom. Above all, may He look down upon us and be pleased."**

*Unknown Speaker addressing the National Congress of American Indians in the mid 1960's*



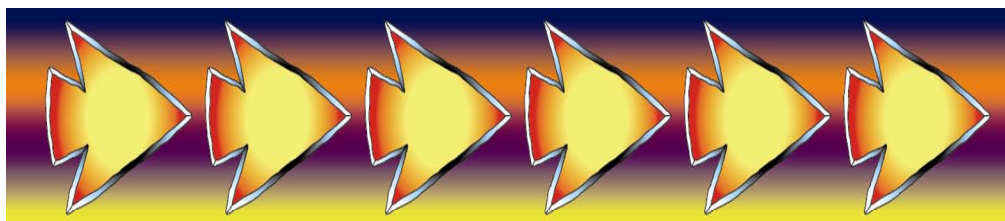
### **STAFF TEACH AT STATE PREVENTION CONFERENCE**

**Maehnowesekiyah Prevention Staff gave a 1.5 hr presentation at the Annual State Prevention conference in Stevens Point on July 25<sup>th</sup>.**

**Pictured above is Mark Fuller demonstrating the AL PALS program that was initiated at the Tribal Head Start.**

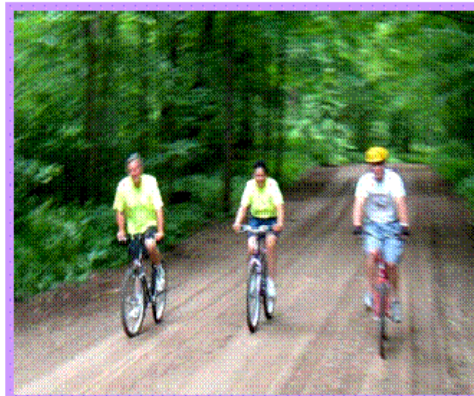
**Also presenting was Betty Jo Wozniak, Randy Chevalier and Lori Hoenow. All prevention staff also attended the three day conference.**

**Many great comments were received.**

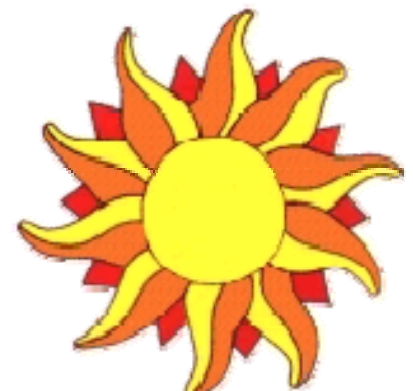


**A group of teen girls prepare for the next race at the annual YOUTH OLYMPICS**

**3 cyclists fly through the woods at a COMMUNITY BIKE RIDE on July 13<sup>th</sup>.**



**Maehnowesekiyah SALUTES the above Community Drug And Alcohol Free events**





# SCENES FROM Menominee Nation

## 41st Annual Powwow

